

# PEER EDUCATOR BASIC TRAINING WEEKEND

Friday 27 October - Sunday 29 October 2017

## About the Training

Are you a Senior Section member interested in exploring new possibilities within guiding? Then the Peer Educator Basic Training weekend is a perfect opportunity to learn new skills and find out how you can get involved with other sections.

This exciting training weekend is aimed at Senior Section members, aged 14–26, who would like to learn the skills to be able to lead fun and informative sessions for other sections. The Peer Educator Basic Training weekend is led by Peer Educator Trainers who have completed many trainings before.

## What is a Peer Educator?

A Peer Educator is a Senior Section member, aged up to 26 years old, who can run sessions on a range of different topics including; mental health, body confidence, self-esteem, healthy relationships and teenage health and well-being. Sessions can be for Brownies, Guides, other Senior Section members and even Leaders!

## Essential Information

**Dates** - Friday 27 October - Sunday 29 October 2017

**Time** - 6:00pm arrival on Friday - 1:00pm departure on Sunday

**Where** - Seven Springs Outdoor Activity Centre, Corks Lane, Disley, Cheshire, SK12 2AZ

**Cost** - Free! (includes food, weekend accommodation and resource packs)

**Weekend Accommodation** - Shared rooms will be provided with access to communal shower and toilet facilities

**Weekend Kit** - Please bring a sleeping bag, pillow, change of clothing, indoor shoes (slippers), outdoor shoes, PJs, toiletries, towel, notepad and pens

**Dress code for Trainings** - Comfortable guiding wear

**Meals provided** - Friday - evening meal, Saturday - breakfast, lunch and evening meal, Sunday - breakfast and lunch

## Agenda

During the training weekend you will:

- Gain skills to become a Peer Educator
- Learn through hands-on experiences
- Gain ideas for new games and activities
- Be given information on different Peer Education topics, such as Think Resilient, Free Being Me and Healthy Relationships

## How to Apply

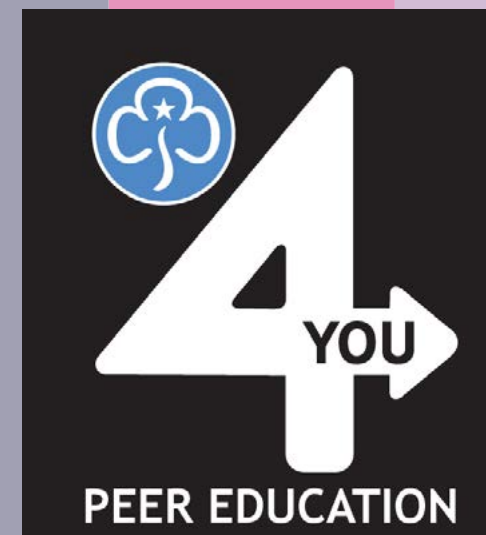
Participants will be required to make a £10 deposit which will be refunded on attendance at the training weekend. Please complete the booking form below and send it together with a deposit cheque of £10 to:

Girlguiding North West England, Guiding Road, Preston, PR2 5PD

Please make cheques payable to 'The Guide Association NWE'

Closing date for bookings: **Friday 29 September 2017**

For further details or information, please contact Region HQ on 01772 791 947 or email [northwesthq@girlguidingnwe.org.uk](mailto:northwesthq@girlguidingnwe.org.uk)



## Application Form - Peer Educator Basic Training Weekend 2017

Name: .....

Membership No: .....

County: .....

Tel: .....

Email: .....

Any special dietary, mobility or sensory requirements? .....